

WHAT DID OUR COUNSELOR DO DURING THE YEAR TO IMPACT OUR SCHOOL?

<p><i>Implemented</i></p> <p>96 Restorative Mindset and current event Circles through teacher training, planning and common scheduling.</p>	<p>CONNECTED</p> <p>40 parents to counseling and other resources in the community through hosting 5 Day Reduction Seminars.</p>		<p>Facilitated</p> <p>4 makerspace projects: Gratitude trees, Love is Respect art, Cards for Sick Kids and Memorial cards.</p>
<p><i>Brought</i></p> <p>67 students through the small group counseling process on topics such as resilience, anxiety and anger</p>	<p>Coordinated</p> <p>3 week -long awareness and education programs: Red Ribbon, Great Kindness Challenge, Love is Respect.</p>	<p>Managed</p> <p>62 APEX courses throughout the school year for students from 3 different high schools.</p>	<p>Shared</p> <p>Mindful, Meditative Stretching as an effective stress reduction technique. with 99 students.</p>
	<p>Hosted</p> <p>8 guest speakers in assemblies covering drug use, college readiness, healthy relationships and human trafficking.</p>	<p>Taught</p> <p>guidance lessons, including sexual harassment, suicide prevention, high school planning and the MISD lives Kind curriculum grades K- 12.</p>	<p>CURATED</p> <p>57 student submissions of the 7 Mindsets student questionnaire.</p>
<p><i>Collaborated</i></p> <p>with lead counselors on the MISD Counselor Advisory Committee at 7 meetings throughout the year.</p>	<p>Primed</p> <p>58 students to consider recovery from drug abuse through the Day Reduction Program.</p>	<p>Welcomed</p> <p>256 new students to our program, provided orientation and showed them around our building</p>	
<p><i>Created</i></p> <p>The Journey project for students to explore their interests, personalities and future career plans.</p>		<p>Connected</p> <p>45 parents to community resources and 8 families with resources from Children's Behavioral Health.</p>	<p><i>Encouraged</i></p> <p>earning positive referrals from teachers for kindness in our #misdliveskind initiative.</p>
<p><i>Changed</i></p> <p>153 student schedules during the fall semester.</p>	<p>Facilitated</p> <p>the completion of 250 Journey projects by DAEP students.</p>	<p>Participated</p> <p>in numerous restorative discipline conversations with students, teachers and DAEP administrators.</p>	<p>Supported</p> <p>21 students that were considering self-harm or had already hurt themselves.</p>
<p>ATTENDED</p> <p>the Lone Star School Counselors Association annual conference to help me serve the best students in MISD. (Thank you Mrs. Morton)</p>	<p>Introduced</p> <p>256 students to The Adverse Childhood Experiences (ACES) study in order to reduce shame and infuse hope for recovery from trauma.</p>		<p><i>Assisted</i></p> <p>home-campus counselors to remotely register 72 students grades 5 - 11.</p>