

Guidelines to Reduce the DAEP Mandatory Placement from 45 to 30 Days **Secondary Students Substance Placements (Alcohol/ Drug)**

Students and families must complete all of the following steps in order to reduce days:

1. Assessment - Complete an assessment with a qualified mental health provider able to administer an official drug/alcohol usage assessment. Turn in a signed form from the provider to Mrs. Dewey (DAEP Counselor). See due date below. *Note: Please contact the providers regarding agency fees.

- ◆ Life Management Resources, Plano (972) 985-7565
- ◆ Collin County Substance Abuse Program, Plano (972) 548-5570 - **FREE**
- ◆ The Right Step (866) 757 -9187 - **FREE**
- ◆ Any other mental health provider specializing in substance abuse.

2. Counseling - Attend at least one counseling or group session. Turn in documentation of attendance to Mrs. Dewey. See due date below. *Note: Please contact the providers regarding agency fees.

- ◆ City House Counseling Services 972-424-4626 - **up to 8 sessions free**
- ◆ Harold Murphy Counseling Center (469) 302-6318
- ◆ Life Path Systems (972) 562- 9647
- ◆ Grace to Change (972) 542-2900
- ◆ Life Management Resources (972) 985-7565 - **Sliding Scale**
- ◆ Any other mental health provider or support group

3. Testing - Provide proof of a recent panel Drug Test (at least 5 substances including Marijuana). It does **NOT** need to be a negative test to qualify. Results **MUST** be shared with a parent or guardian to qualify and parent documentation (note/email) sent to Mrs. Dewey. At home kits are not accepted. Turn in documentation to Mrs. Dewey. See due date below.

- ◆ Know Before You Go 214-856-4441
- ◆ Grace to Change (972) 542-2900 (Families are requested to come in the first week of placement. Parent/guardian must be present, interview also conducted)
- ◆ Winning the Fight (972) 467-7704
- ◆ Any Lab Test Now (local locations available)
- ◆ Labcorp (local locations available)
- ◆ Any other medical provider that will do a drug test

4. Goals - Write at least two (2) family goals together. Students will also write two (2) individual goals. Turn in completed goals to Mrs. Dewey. See due date below.

- ◆ How will you and your family use this time at DAEP and the above services to make a change?
- ◆ What will be different when you return to your campus?
- ◆ Who is your support network and how do they support you in making healthy choices?
- ◆ What steps will you take to stop (or to help your student stop) using drugs and alcohol?

DUE DATE VARIES BY STUDENT: ALL STEPS must be completed and documentation turned in by the 25th school day of the student's first day at DAEP in order to qualify for the 15 day reduction. To send documents electronically email Cdewey@mckinneyisd.net. Feel free to call with questions.

Mrs. Dewey 469-302-7838